



Sun care policy

At Stretton Lodge we are committed to ensuring that all children are fully protected from the dangers of too much sun/UV rays. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

We follow guidance from the weather and UV level reports and use the following procedures to keep children safe and healthy in the sun:

- All staff will work with the parents to decide and agree on suitable precautions to protect children from burning, including more sensitive skins types and those that may be more tolerant to the sunshine, e.g. black and/or Asian colouring
- Children must have a clearly labelled sun hat which will be worn at all times whilst outside in sunny weather. This hat will preferably be of legionnaires design (i.e. with an extended back and side to shield children's neck and ears from the sun) to provide additional protection
- Parents should apply sun cream before children come to nursery so that staff can 'top up' later. Children must have their own labelled high factor sun cream with prior written consent for staff to apply. This enables children to have sun cream suitable for their own individual needs. Parents must be aware of the expiry date and discard sunscreen after this date
- Children's safety and welfare in hot weather is the nursery's prime objective so staff will work closely with parents to ensure all appropriate cream and clothing is provided
- Staff will make day-to-day decisions about the length of time spent outside depending on the strength of the sun; children will not be allowed in the direct sunlight when the sun is at its strongest on hot days
- Children will always have sun cream applied before going outside in the hot weather and at frequent intervals during the day
- Children are encouraged to drink cooled water more frequently throughout sunny or warm days and this will be accessible both indoors and out



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- Children are made aware of the need for sun hats, sun cream and the need to drink more fluids during their time in the sun
- Shaded areas of the garden will be utilised in hot weather to ensure children are still able to go outside, cool down or escape the sun should they wish or need to.

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Stretton Lodge

Day Nursery & Pre-School

